

HEAD COACHES

Responsibility	Contact
Director of Athletics and Recreation	Larry Hiser
Baseball/Assistant Athletics Director	Brian Brewer
Men's Basketball	Jon VanderWal
Women's Basketball	Jill Meiring
Cheerleading	Natalie Barnes
Men's Crew	Chris Pucella
Women's Crew	Kelly Harris
Men's & Women's Cross Country/Track & Field	George Evans
Faculty Athletics Representative	Bob Chase
Football	Jeff Filkovski
Men's Soccer	Stephen Rose
Women's Soccer	Elke Reisdorphi
Softball/Associate Athletics Director	Jeanne Arbuckle
Sports Information Director	Dan May
Men's & Women's Tennis	Steve Iman
Volleyball	Ray Costa
Director of the DBRC	Bill Vincent
Administrative Assistant	Wendy Thieman

OHIO ATHLETIC CONFERENCE

The Ohio Athletic Conference is the third oldest existing collegiate conference. Founded in 1902, the OAC is predated only by the Michigan Intercollegiate Athletic Conference and the Big Ten.

The OAC sponsors championships in 21 sports—11 men's and 10 women's. Marietta also offers crew which is not sponsored by the OAC. The present OAC membership consists of 10 private, liberal arts colleges in Ohio.

Baldwin-Wallace College	Berea, Ohio
Capital University	Columbus, Ohio
Heidelberg University	Tiffin, Ohio
John Carroll University	University Heights, Ohio
Marietta College	Marietta, Ohio
University of Mount Union	Alliance, Ohio
Muskingum University	New Concord, Ohio
Ohio Northern University	Ada, Ohio
Otterbein University	Westerville, Ohio
Wilmington College	Wilmington, Ohio

2011-12



Student-Athlete Handbook

MESSAGE FROM THE ATHLETICS DIRECTOR

Dear Marietta College Student-Athlete,

Through your hard work and talent, you have earned the privilege to wear Marietta College uniform. You join a tradition of excellence here at Marietta and we hope that you add to that tradition in a meaningful way.

As an intercollegiate student-athlete, you have a unique opportunity to pursue athletics at the highest levels anywhere in the world. It is our hope that you experience intellectual, emotional and social growth while competing in our program.

With all the opportunities that come to you as a student-athlete, you will also have increased responsibility. Wherever you go, you are now a representative of Marietta College and the athletic department. Whether you are on or off the field, your actions reflect upon the college, your teammates, and the coaches.

Marietta College is dedicated to molding the character of student-athletes and we stress that being able to wear the Marietta College uniform is a privilege, not a right. This handbook is intended to give you important and helpful information to help you to succeed as a student and athlete. It should answer any questions you may have. However, my door is always open to any student athlete to hear your questions or concerns.

In general, the student-athletes who participate in the 18 programs at Marietta College are expected to compete in intercollegiate athletics under a model that emphasizes integrity and ethical conduct. Each program is an integral part of our overall department, and each your total educational experience is our paramount concern.

Good luck in 2011-12.

Larry Hiser
Director of Athletics & Recreation

STUDENT-ATHLETE ADVISORY COUNCIL (SAAC)

Advisors: Mike Deegan, Larry Hiser, Wendy Thieman

PURPOSE

- Encourage unity, common purpose and camaraderie between teams and among all athletes.
- Evaluate the Marietta College athletic programs and make recommendations to the administration for the improvement of the student-athlete's academic, athletic and social experiences.
- Promote and support athletics at institutional, conference and national levels.
- Serve as a vehicle through which the College may discuss with student-athletes issues regarding the management, operation, rules and proposed legislations that govern the Athletics Department and its sports teams.
- To Provide the student-athlete population with an opportunity to more effectively communicate with MC Athletics Department administration.
- Organize community service efforts.

Team members are strongly encouraged to support the activities and events sponsored by SAAC

DEPARTMENTAL AWARDS

Way-Weigelt Award — This award is given to a man of the senior class who, in the judgment of the athletic coaches, has best demonstrated qualities of scholarship, leadership, character, and sportsmanship in addition to participation in athletics. The prize consists of a plaque and placement of the winner's name on the permanent plaque in the Ban Johnson Field House. It memorializes James W. Way, Class of 1955, and Henry C. Weigelt, Class of 1957.

Betty Cleland Award — This award was established in 1988 through the generosity of former Marietta College President Sherrill Cleland. The award is named in honor of his late wife Betty, and is presented annually to a senior female for outstanding achievement in athletics and academics. Mrs. Cleland, who died in 1986 after fighting a courageous battle with cancer, was truly an inspiration for the entire College community and surrounding areas. Her example and dedication to volunteerism make it the most prestigious award given to a female student-athlete at Marietta College.

William O. Whetsell Award — This award is presented annually to the Marietta College junior who demonstrates a record of marked distinction in service to the College, the local community, and, in a scholarly fashion, attempts to link the service performed with an academic field of discipline. This award is presented by the McDonough Center for Leadership and Business in honor of the late William O. Whetsell. His lifetime of service is an example to our faculty, staff and students who value community service as an integral part of the contemporary liberal arts education.

The Ralph M. Lindamood Prize — This prize was established in 1984 and recognizes the service of Mr. Lindamood, associate professor of physical education (1964-84) and crew coach (1959-84). Created by former students, crewmen, and friends, this cash award is given annually at Commencement to a graduating senior in recognition of that person being selected Outstanding Senior Oarsperson.

Clyde Lamb Awards — The Clyde A. Lamb Scholar-Athlete Awards are annually presented to the top male and female scholar-athletes in the Ohio Athletic Conference. Each of the OAC institutions is represented by a male and female Clyde A. Lamb award winner. The award winners are honored at a banquet each spring and receive a framed certificate in recognition.

DIVISION III PHILOSOPHY STATEMENT

Follow your passions and discover your potential. The college experience is a time of learning and growth - a chance to follow passions and develop potential. For student-athletes in Division III, all of this happens most importantly in the classroom and through earning an academic degree. The Division III experience provides for passionate participation in a competitive athletic spectrum of opportunities available during their time in college. In this way, Division III provides an integrated environment for student-athletes to take responsibility for their own paths, follow their passions and find their potential through a comprehensive educational experience.

ATHLETICS DEPARTMENT MISSION

Provide a source of pride and enthusiasm for Marietta College and the Marietta Community by helping student athletes strive for excellence in both athletics and academics while demonstrating good sportsmanship in competition at the highest level of the OAC and NCAA Division III.

ATHLETICS DEPARTMENT OBJECTIVES

1. Promote and support student-athlete's commitment to academic success.
2. Teach student-athletes beneficial life skills and attributes such as teamwork, collaboration, self-discipline, communication, negotiation, personal health and wellness through practice, competition, and professional development activities.
3. Demonstrate and expect the highest level of sportsmanship from athletes, coaches, parents, students, and spectators.
4. Work cooperatively with the Office of Admissions and academic departments to recruit well-qualified student-athletes.
5. Promote and maintain Athletics staff unity and morale in a cooperative relationship with the entire College community.
6. Serve as positive role models while representing Marietta College.
7. Advance the College by coordinating fundraising activities with the Advancement Office.
8. Demonstrate fiscal responsibility by adhering to the annual budget and the College's fiscal policies and procedures.
9. Strive for all teams to achieve winning records.

ACCEPTING THE RISK OF SPORTS

As an athlete at Marietta College, you must be aware of and accept the risk of injury associated with participating on an intercollegiate sports team. You should do your part to reduce the risk of injury by keeping yourself in the best possible physical condition and follow the advice of the team trainer regarding treatment and rehabilitation of injuries.

DO NOT USE FAULTY EQUIPMENT. Anytime you feel your equipment is not fitting properly or feel that it is not providing you with proper protection report to the coaching staff for a fitting check.

VARSITY LETTER AWARD SYSTEM

A. General Provisions:

1. Varsity letters are awarded for varsity competition only by the head coaches according to provisions set forth by the athletic department award policy.
2. The coach shall have the power to award a letter if, in his/her opinion, a student-athlete would have normally qualified for a letter, but was prevented from doing so by an athletic injury.
3. A student-athlete who has been a loyal and positive contributor to the team may be awarded a letter as a senior.
4. Student managers and student assistant coaches, with the coaches recommendation, may qualify for a letter after two years.
5. A student-athlete who, for any reason other than illness or injury, fails to complete a sports season as a member of the squad shall forfeit his right to an athletic award in that sport for that season.
6. Coaches have the option of awarding or withholding awards due to special circumstances with the approval of the Athletics Director.

B. Specific Requirements for the awarding of letters:

Baseball:

- Non-pitchers must participate in 65% of the games.
- Pitchers must appear in 25% of the games, or pitch in 15% of the innings.

Men's & Women's Basketball: must participate in 65% of the total halves.

Men's & Women's Crew: must participate in 65% of the varsity scheduled meets.

Men's & Women's Cross Country: must participate in 65% of scheduled meets or place among the top seven Marietta runners at OAC or NCAA Regionals.

Football:

- Non-speciality players must participate in 65% of the quarters.
- Speciality players must appear twice in a quarter to get credit for one quarter — the above rule then applies.

Men's & Women's Soccer: must participate in 40% of the games.

Softball:

- Non-pitchers must participate in 65% of the games.
- Pitchers must appear in 25% of the games, or pitch in 15% of the innings.

Men's & Women's Tennis: must participate in 65% of the matches.

Men's & Women's Track & Field: must participate in both indoor and outdoor track & field unless in another winter sport or other special circumstances prevent an individual from doing so
-AND- score a total of 15.00 points during scored competition.

Volleyball: must participate in 65% of the matches.

CO-CURRICULAR AND EXTRA-CURRICULAR ACTIVITIES

Marietta College is dedicated to the personal growth of its students. We believe that a liberal arts education is the best possible preparation for life in a global society.

Accordingly, we provide a setting in which students will be enabled to enrich and expand their knowledge and to refine their skills, their understanding and their values.

Student-athletes at Marietta maintain a commitment to academic and athletic excellence. When balanced with the demands of their academic and athletic activities, we encourage and support choices that allow the student-athlete to become involved in campus and community life.

CONFLICT RESOLUTION POLICY

A student-athlete who has concerns related to his or her athletics participation has several options available to resolve the issues, including:

- Scheduling an individual meeting with the head coach
- Seek counsel from team captains or athletics advisory council representatives, faculty athletics representative or Campus Life/Athletics Committee
- Schedule an individual meeting with the director of athletics
- Seeking counsel from an appropriate person outside the athletics department (academic advisor, associate dean, counseling center staff)

All Students are considered adults under the Family Educational Rights and Privacy act. College personnel may not discuss issues with parents that do not directly relate to their child's health or wellness unless the student provides a waiver.

Once the competitive season begins, all members of the team are expected to attend the scheduled contests. The only excused absence is injury, personal circumstances, or emergency. The head coach must be notified should any of these situations occur. Absence due to social events, i.e. Doo Dah Day, formals, non-academic initiations, could result in the player being suspended from the team indefinitely until the case is reviewed by the Athletics Director. The review could result in dismissal from the team. Team members **MUST** commit to the full length of the season, including any OAC, NCAA or post season competitions. Also, due to inclement weather and post season competition, those student-athletes participating on varsity teams during graduation weekend may be required to compete on graduation day.

(7) HOSTING OF PROSPECTIVE STUDENT-ATHLETES

Student-athletes may be asked to host prospective student-athletes for overnight visits. Serving as a student host is an important responsibility and must be taken seriously. As a host to a prospective student-athlete, you and the prospect are expected to abide by all college policies governing residence life, college creed, and conduct code. Hosts and prospects are not to be involved in the use of drugs and alcohol or take prospects to any establishments that sell or serve alcohol. It is permissible to patronize a local restaurant with a prospect with the understanding that alcohol will not be purchased or consumed. College sponsored activities are permissible; if alcohol is present it should not be bought or consumed. Students who are of legal age, **ARE NOT** to purchase or consume alcohol while serving as hosts or visiting with prospects.

(8) SERVICES FOR STUDENTS WITH DISABILITIES

Marietta College complies with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act regarding non-discrimination against persons with disabilities. Any person having inquiries concerning Marietta College's compliance with Section 504 of the Rehabilitation Act of 1973 should contact the 504 Compliance Officer, Mary Bea Eaton, Academic Resource Center, Marietta College, Marietta, Ohio 45750, (740) 376-4700, who has been designated by the College to coordinate efforts to comply with Section 504.

STUDENT-ATHLETE RESPONSIBILITIES

It is the philosophy of the Marietta College Athletics Department that athletes representing Marietta are here to achieve a complete collegiate experience. The most important aspect of that experience is the awarding of a degree. Having the privilege to represent Marietta through intercollegiate athletics is an integral part of the total college experience for the student-athletes.

We recognize that student-athletes hold a special position on the Marietta College campus. Therefore, general responsibilities include:

- **Positive action and words**
- **Role model socially; be a positive influence in your residence hall and daily living area.**
- **In the public eye, you must consider your team.**

ACADEMIC

Attend every class — There will be times that you will be excused from class due to an athletic event. Your goal should be to miss no other classes, even though the instructor's policy may allow a stated number of unexcused absences. The student-athlete is responsible for communicating with the instructor on work and/or tests to be made up.

Advise your adviser — The academic advisor is there to assist you and make recommendations. The student-athlete has a responsibility to communicate with the advisor of their participation on an intercollegiate team. Utilize your advisor positively and communicate your needs.

Excused absence notification — Notice of missed class due to an athletic event will be sent to your instructor at least one week in advance. In addition, you should remind your instructor of the missed date and communicate on work and/or tests to be made up. The student-athlete is responsible for communicating with the instructor for all make up work.

Develop a good rapport with your instructors — They do care. Be polite. Be prepared and attentive in class.

Student-athletes must notify instructor at the start of the semester if there is a conflict with the final exam schedule.

REQUIREMENTS FOR ELIGIBILITY

• Student-athletes and coaches are expected to adhere to all NCAA, OAC and other governing body rules and policies. If you or someone you know commit a violation, you are responsible to report it to the Athletic Director. Each student-athlete must read and sign the appropriate 2006-07 NCAA and Marietta College forms.

• A student-athlete must be enrolled as a full-time student, which is defined as enrollment of 12 credit hours, in order to be eligible to compete. **During your season of participation, if at any time your enrollment drops below 12 hours, you become ineligible immediately.** Never withdraw from a course without first talking to your instructor, advisor and coach.

A student-athlete must also be in good academic standing to participate in intercollegiate athletics. For a student-athlete to be in good academic standing, he/she must achieve or exceed the following minimum cumulative grade point average for the credit hours attempted.

Credit hours attempted	Minimum Cumulative GPA
3 semesters of full time enrollment	1.8
Beginning of 4th semester and thereafter	2.0

When a student-athlete falls below the appropriate minimum grade point average listed above, that student is no longer in good academic standing. **Student-athletes placed on academic probation are ineligible to participate on any college athletics team (including both traditional and non-traditional seasons) or club sport team.** For additional requirements and restrictions of probation, see page 133 of the college catalog.

Questions of eligibility should be directed to the Athletics Office, ext. 4665.

• NCAA "Extra Benefits" Rule 16.01

- Improper receipt of an award, benefit or expense allowance will render the student-athlete ineligible to compete in their sport.

• As a result of violation(s) of the College Creed, student-athletes may be put on restrictive probation. Restrictive probation prevents a student-athlete from being able to practice or compete in the traditional or non-traditional season.

Student-Athletes have a responsibility to report any violations of OAC and NCAA rules.

(3) INTERNET SOCIAL NETWORKING COMMUNITY SITES

Internet sites such as Facebook.com, Twitter.com, MySpace.com, Xanga.com, Friendster.com and others provide individuals with an opportunity to interact with an extraordinarily expansive universe of new people and connect with current friends. Postings on personal profiles, groups and chat rooms are in the public domain and easily accessible by anyone including reporters, parents, coaches, groupies, predators, employers, and graduate school admissions officials. Once information is posted, it can be retrieved by computer savvy individuals even after it has been deleted.

While the Athletics Department does not prohibit student-athlete involvement with internet based social networking communities, the high standard of honor and pride that is expected by all members of the Marietta College Athletics Department should encompass comments and postings made to internet sites.

It is recommended that you review any internet websites you may have posted on the Internet to ensure that the posting are consistent with College, department, and team rules and that they present you in a way you want to be portrayed. Be cautious about which chat groups you join to be sure you want to be publicly associated with that group.

(4) NUTRITIONAL ERGOGENIC AIDS

Some athletes use nutritional supplements despite their having been proven ineffective. In addition, such substances are expensive and may be harmful to health or performance. Members of the athletics and sports medicine staff do not distribute or endorse "nutritional" supplements. Contents of many of these compounds are not represented accurately on the list of ingredients and may contain impurities or banned substances, which may cause a student-athlete to test positive. Positive drug-test appeals based on the claim the student-athlete did not know the substances they were taking contained banned drugs have not been successful. Student-athletes should consult with the sports medicine staff before taking ANY nutritional supplement.

(5) CONDUCT AND DISCIPLINARY ACTION

Student-athletes are subject to the regulation and procedures set forth in the Marietta College Catalog and Student Handbook, and to any other published rules and regulations to which Marietta College students are subjects. In addition, student-athletes are subject to all rules and regulations that are required for individual participation on a specific team. A coach has the discretion to take disciplinary action for any disrespect or insubordination.

(5) BREAK HOUSING AND MEALS

Student-athletes who are required to participate with their teams during college breaks, i.e. fall break, Christmas break, spring break, or post season (after graduation), will be properly housed and provided meals or a per diem. Per diems will be approved by the Athletics Director in consultation with the head coach.

(6) PARTICIPATION & TEAM

31.2.3.4.1 DRUGS AND PROCEDURES SUBJECT TO RESTRICTIONS.

The use of the following drugs and/or procedures is subject to certain restrictions and may or may not be permissible, depending on limitations expressed in these guidelines and/or quantities of these substances used: (Revised: 8/15/89)

(a) Blood Doping. The practice of blood doping (the intravenous injection of whole blood, packed red blood cells or blood substitutes) is prohibited, and any evidence confirming use will be cause for action consistent with that taken for a positive drug test. (Revised: 8/15/89, 5/4/92)

(b) Local Anesthetics. The Executive Committee will permit the limited use of local anesthetics under the following conditions:

- (1) That procaine, xylocaine, carbocaine or any other local anesthetic may be used, but not cocaine; (Revised: 12/9/91, 5/6/93)
- (2) That only local or topical injections can be used (i.e., intravenous injections are not permitted); and
- (3) That use is medically justified only when permitting the athlete to continue the competition without potential risk to his or her health.

(c) Manipulation of Urine Samples. The Executive Committee bans the use of substances and methods that alter the integrity and/or validity of urine samples provided during NCAA drug testing. Examples of banned methods are catheterization, urine substitution and/or tampering or modification of renal excretion by the use of diuretics, probenecid, bromantan or related compounds, and epitestosterone administration. (Revised: 8/15/89, 6/17/92, 7/22/97)

(d) Beta 2 Agonists. The use of beta 2 agonists is permitted by inhalation only. (Adopted: 8/13/93)

(e) Additional Analysis. Drug screening for select nonbanned substances may be conducted for nonpunitive purposes. (Revised: 8/15/89)

POLICY STATEMENTS

(1) STATEMENT ON HAZING AND SEXUAL AND DISCRIMINATORY HARASSMENT

The Marietta Athletics Department does not condone hazing by athletic teams or their individual members. The state of Ohio defines hazing as doing any act or coercing another, including the victim, to do any act of initiation to any student that causes or creates a substantial risk of causing mental or physical harm to any person. No person shall recklessly participate in the hazing of another.

Mutual respect and understanding for others and a high standard of conduct, is at the foundation of intercollegiate athletics. The Marietta College Athletics Department is committed to providing an environment that is free of sexual discrimination and discriminatory and sexual harassment.

Student-athletes are subject to the Marietta College Creed, which is described in the Marietta College Student Handbook.

(2) STATEMENT ON ALCOHOL, DRUGS AND TOBACCO

The Marietta College Athletics Department is concerned with the physical, mental and emotional well-being of its student body and especially those who participate in intercollegiate athletics. The use and/or misuse of tobacco, alcohol, and other drugs are not condoned by the College nor the Athletics Department and are recognized as a potential problem for all students. The student-athlete experiences unique pressures due to his/her involvement in intercollegiate athletics and is at risk to the experimentation of drugs, alcohol and the use of tobacco.

When representing Marietta College, Athletics administrators, coaches, athletic trainers, student-athletes, cheerleaders, and managers will conduct themselves in such a way as to reflect credit on the institution, on their sport and on themselves. Thus, when practicing, competing in an event, or travelling to and from an event, teams will be expected to place sportsmanship and exemplary personal behavior above all else. At all other times, athletes will be held to the same code of conduct as is specified by specific rules placed upon them by their coaches and/or the College Creed.

NCAA BANNED-DRUG CLASSES 2011-12

The NCAA list of banned-drug classes is subject to change by the NCAA Executive Committee. Contact NCAA education services or www.ncaa.org/health-safety for the current list. The term “related compounds” comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete’s own risk. Student-athletes should contact their institution’s team physician or athletic trainer for further information.

Bylaw 31.2.3. Banned Drugs

The following is a list of banned-drug classes, with some examples of substances under each class. No substance belonging to the banned drug class may be used, regardless of whether it is specifically listed as an example.

Some Examples of NCAA Banned Substances in Each Drug Class

NOTE: There is no complete list of banned drug examples!!

Check with your athletics department staff before you consume any medication or supplement.

Stimulants:

amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); etc.

exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents – (sometimes listed as a chemical formula, such as 3,6,17-androstetrione)

boldenone; clenbuterol; DHEA; nandrolone; stanozolol; testosterone; methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone; etc.

Alcohol and Beta Blockers (banned for rifle only):

alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

Diuretics (water pills) and Other Masking Agents:

bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

Street Drugs:

heroin; marijuana; tetrahydrocannabinol (THC) – no other substances are classified as NCAA street drugs.

Peptide Hormones and Analogues:

growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

Anti-Estrogens :

anastrozole; tamoxifen; formestane; 3,17-dioxo-etiochol-1,4,6-triene(ATD), etc.

Beta-2 Agonists:

bambuterol; formoterol; salbutamol; salmeterol; etc.

Any substance that is chemically related to the class of banned drugs is also banned! (unless otherwise noted)

NOTE: Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center, REC, 877-202-0769 or www.drugfreesport.com/rec password ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with the appropriate athletics staff before using any substance.